



Sharon Grierson MP
Federal Member for Newcastle

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Mayfield East Public School Builds Healthy Habits

Mayfield East Public School is set to instil its students with a lifetime of healthy eating habits, thanks to a \$60,000 grant from the Rudd Government to participate in the Stephanie Alexander Kitchen Garden Program.

Federal Member for Newcastle, Sharon Grierson MP, announced the funding to staff and students at the School yesterday.

"This is a great Program for the students of Mayfield East Public School," Ms Grierson said.

"It will teach children how to grow, prepare and share healthy food, to develop life-long healthy eating habits.

"As a Government, we are committed to tackling the challenge of increasing rates of childhood obesity, through instilling healthy lifestyles from a young age."

The School received the highest funding allocation available for the Program, and was one of only 11 schools in New South Wales to be selected.

The Program aims to give the next generation of Australians the skills necessary to help avoid lifestyle related chronic conditions, such as diabetes, heart disease and other serious, but largely preventable illnesses.

The funding will go towards upgrading the facilities of the School's "Cooksley's Café," organic garden and outdoor pizza oven.

Media contacts: 4926 1555

Canberra
House of Representatives
Parliament House
CANBERRA ACT 2600
Ph: 02 6277 4221
Fax: 02 6277 8461



Newcastle
427 Hunter Street
NEWCASTLE NSW 2300
Ph: 02 4926 1555
Fax: 02 4926 1895
www.sharongrierson.com