



Sharon Grierson MP
Federal Member for Newcastle

14 August 2008
Media Release

NEWCASTLE KIDS GET ACTIVE FOR GAMES

Over 800 Newcastle children are getting active during the Olympic and Paralympic Games under an Australian Government program to encourage them to become more physically active and enjoy a healthy lifestyle.

Under the Active After-School Communities program's Journey to Beijing campaign each participating child has been given a pedometer and each participating site aims to collectively take enough steps to theoretically 'walk to Beijing'.

The Olympics is the perfect opportunity to focus the community on the benefits of a healthy lifestyle, and Member for Newcastle Sharon Grierson who will today encourage students participating in the program at the Junction After School Care Centre.

16 Newcastle schools and out of school hours care services are participating in the Active After-School Communities program during term three, with children participating in activities as diverse as athletics, basketball, circus skills, dance, fitness/circuit, golf, gymnastics, rugby union, soccer, surfing, surf lifesaving, taekwondo, tennis, traditional indigenous games, and yoga.

3.30pm today
Junction Public School

Sharon Grierson will today visit the Junction After School Care Centre to encourage students on their Journey to Beijing.

Today's activity at the Junction is football (soccer).

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