



Sharon Grierson MP
Federal Member for Newcastle



Media Release

Wednesday, 1 September 2004

SHARON GRIERSON LENDS SUPPORT FOR NATIONAL MEALS ON WHEELS DAY

Inspired by the outstanding nominations received for the 2004 Newcastle Community Volunteers Award, Sharon Grierson is today volunteering her services and greeting Lambton residents in support of National Meals on Wheels Day.

The Newcastle and District Meals on Wheels has been operated by volunteers for 41 years with 1,000 volunteers on their books. The central kitchen in Mayfield services Meals on Wheels centres in Newcastle, Hamilton, Lambton, Merewether, Stockton and Wallsend. 3,500 meals are prepared and delivered to around 1,000 people each week, all done by volunteers.

Sharon Grierson thanks the staff and volunteers of Lambton Meals on Wheels for their outstanding contribution to our community and welcomes the opportunity to serve alongside these extraordinary volunteers who deliver much more than meals to those in need.

Meals on Wheels is an essential service, assisting people to remain living in their own home.

National Meals on Wheels Day is an ideal opportunity to recognise the contribution these volunteers make to our community.

Sharon Grierson will be presenting the 2004 Newcastle Community Volunteer Awards at a special ceremony on 21 September 2004.

**For further information please contact:
Sharon Grierson on 4926 1555**

NB: Photo and interview opportunity at 9.30am on Wednesday 1 September at Lambton Meals on Wheels, 61 De Vitre Street, Lambton.

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